



Profile

Gabrielle Carlton



Specialisations

Gabrielle Carlton is a specialist in the social psychology of Resilience and social psychological wellbeing in the work environment. She provides training, advice, coaching and mentoring for leaders and managers, teams and individuals.

Gabrielle has conducted resilience and communication training across organisations using her own developed methodology, Resilience Intelligence. This program provides understanding on how humans amplify and attenuate signals in their decisions about life and work events and how best to tackle the challenges.

Experience

Gabrielle has over 15 years experience as an advisor, consultant and facilitator to industry as well as a strong personal background across a range of industries including: building and construction, mining, health and community services, electrical generation and distribution, manufacturing, property development and hospitality.

Gabrielle is able to use her expertise in analysis, training, organisational and social psychology, research, culture surveys to serve a wide range of needs. She has conducted cultural surveys to businesses across mining, transport, building construction and manufacturing. She has also conducted organisational and leadership training for Watpac, Mirvac, Ventia, Harris Farm Markets, Jemena, Black and Veatch, Fulton Hogan, Built, Hindmarsh, NSW Department of Planning & Environment, Catholic Education, Woollahra Council, Department of Aged and Disability.

Gabrielle is an accomplished presenter and coach and has presented at National conferences. She has published in a number of professional journals.

Qualifications

Gabrielle holds formal qualifications in psychology, risk and safety. Gabrielle has currently completed a Grad Diploma in Social Psychology of Risk with Dr Long at ACU.

BSc (Safety/Psych), Grad Cert (Social Psychology of Risk), Grad Cert (RM), Dip NLP (Coaching), Cert IV TAE, CPMSIA, RABQSA (OHS and Quality)

Contacts

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